

# THE WEATHER & CRICKET

Australia is known for its changeable and extreme weather across the country and weather-related injuries can occur. Poor weather can put a dampener on any game. Err on the side of caution when it comes to playing in the rain where there's lightning.



## TURF WICKETS

Turf wickets are great to play on but need a bit more love and attention.

If your club has a turf wicket, keep an eye on the weather.

Rain can make this surface too wet for play, so when you see rain coming cover it up!



## LIGHTNING SAFETY

Lightning can happen any time throughout the year but is more common in the summer between 2pm-6pm, perfect game time. Clubs and associations should develop a lightning safety plan.

Nominate someone from your club to monitor weather before and during match.

There are a bunch of apps that can help with an accurate weather forecast before and during match.

### WHEN THUNDERSTORMS ROLL IN APPLY THE 30/30 RULE

Thunderstorms within 10km are dangerous – the 30/30 rule is used to assess the distance between the storm and play.

Sound travels at a speed of 1km every 3 seconds. When you see lightning count the seconds between the flash of lightning and the sound of thunder.

- Less than 30 seconds? Suspend play – the storm is less than 10km away.
- Suspend play for at least 30 minutes, and wait to resume till 30 minutes after the last audible thunder.

### WHERE TO SHELTER?

- An enclosed building is best for shelter.
- A vehicle is an option – avoiding any metal.

### WHERE NOT TO SHELTER?

- Anywhere open i.e. fields, picnic shelters, under trees.
- Anything with metal i.e. fences.

### IF SOMEONE GETS STRUCK BY LIGHTNING

Apply first aid and call 000 immediately. Begin CPR if needed and use an AED if available.